

HROCC Orientation and How to Earn Your Whistle...go to:

www.hoodriveroutrigger.com

On the **HOME** tab.....

- What does “E komo mai” mean?
- Who is our Cultural kanaka ike (liaison) ?
- Where can you find the daily weather forecast ?

On the **ABOUT US** tab.....

- /WHO ARE WE.... Where can you find (and read) the club’s non-profit mission?
- /WHO ARE WE...What are the 6 opportunities in the club’s non-profit Mission Statement?
- /CLUB HISTORY....When was the HROCC Club founded and by whom?
- /OUR CANOES....What are the names of the club canoes??

On the **MEMBERSHIP** tab.....

- What are the yearly Membership fees?

On the **PRACTICES & RACING** tab.....

- /CLUB PRACTICES...What are the times of the club’s practices?
- /CLUB PRACTICES-PADDLER ETIQUETTE & RESPONSIBILITIES...What are the 9 basic protocols?
- /RACING...How many levels are there in Crew Selection Criteria for racing?
- /RACING...Who are the Racing Coaches ?

On the **NEWS** tab.....

- How often is the Newsletter published online?

On the **RESOURCES** tab.....

- /SEAT ROLES in the canoe...Briefly what does each Seat do?
 - 1-
 - 2-
 - 3-
 - 4-
 - 5-
 - 6-

- /SAFETY...What is a huli?

In the event of a huli, briefly list what each seat does.

- 1-
- 2-
- 3-
- 4-
- 5-
- 6-

- /VIDEOS...Watch 2 Youtube Videos, 1 huli & 1 paddling and list the one you watched.

1-

2-

- /VOCABULARY... What is the ama and the 'iako?
- /VOCABULARY...What does the phrase "hut" mean?
- /VOCABULARY...What does the phrase "let her run" mean?
- /STEERS DEFINITION...How many levels of Steers are there?
- /OUTRIGGER CANOE TERMS...How much does Kuakea (Malolo) weigh?
- /OUTRIGGER CANOE TERMS...How much does Oiwi (Spec boat) weigh?
- /OUTRIGGER CANOE TERMS...Name 2 interesting facts about Hawaiian traditions from Mountain Home Canoe Club Traditions pdf. Scroll to the bottom of this page.

On the **DONATE** tab...

- /DONATE AND SUPPORT...What items can I purchase of HROCC Swag?

And FOR FUN !

- What body part enters the boat first- butt or feet? Why?
- How do we always thank the canoe after we paddle ?

You have now completed, hopefully successfully, our fun Club Orientation.

Bring or send to Penny Wallace- Member At Large and you have "Earned Your Whistle" Happy Paddling and Keep Smiling